



CHOC-UCI Initiative for the Development of
Attention and Readiness

COPE-ing with Toddler Behavior Parenting Classes (Ages 0 – 3 years)

Do you ever feel frustrated as a parent or are you concerned about your child's behavior? If you have a toddler (up to 3 years old) in your home, we have a program for you. CUIDAR offers an 8-week program intended to help parents find effective solutions to common behavior challenges while getting to know other families in the community.

South Orange County Family Resource Center

23832 Rockfield Blvd., Ste.270
Lake Forest, CA 92630

**Every Tuesday,
July 19th to August 30th
5:30 p.m. to 7:30 p.m.**

To register go to www.mission4health.org
Or call: (949) 364-0500 or (949) 364 1770

Limited
Child Care
is
Available

**\$20 non-refundable materials & registration
fee due at time of enrollment*
Pre-registration required**



Visit us at our
website:

www.cuidar.net

*\$20 materials and registration fee includes up to 2 adults.
There is a \$10 charge for each additional adult.

Major support provided by
Children & Families
Commission of Orange County

